

Name: _____ Date: _____

Reaching the Age of Adolescence

Q1. Define adolescence.

Ans. _____

Q2. How AIDS spread?

Ans. _____

Q3. On what factors height depends?

Ans. _____

Reaching the Age of Adolescence

Q1. Define adolescence.

Ans. The period of life, when the body undergoes changes, leading to reproductive maturity, is called adolescence. Adolescence begins around the age of 11 and lasts upto 18 or 19 years of age. In girls, adolescence may begin a year or two earlier than in boys. Also, the period of adolescence varies from person to person.

Q2. How AIDS spread?

Ans. AIDS which is caused by a dangerous virus, HIV. This virus can pass on to a normal person from an infected person by sharing the syringes used for injecting drugs. It can also be transmitted to an infant from the infected mother through her milk. The virus can also be transmitted through sexual contact with a person infected with HIV.

Q3. On what factors height depends?

Ans. Height of an individual is more or less similar to that of some family member. This is because height depends on the genes inherited from parents. It is, however, very important to eat the right kind of food during these growing years. This helps the bones, muscles and other parts of the body get adequate nourishment for growth.