

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Reaching the Age of Adolescence

Q1. What is the term used for secretions of endocrine glands responsible for changes taking place in the body?

Ans. \_\_\_\_\_  
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Q2. Why is good hygiene important during adolescence?

Ans. \_\_\_\_\_  
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Q3. Why early marriage and motherhood is harmful to the girls?

Ans. \_\_\_\_\_  
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Q4. What will happen if the water in which tadpoles are growing does not contain iodine?

Ans. \_\_\_\_\_  
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## Reaching the Age of Adolescence

Q1. What is the term used for secretions of endocrine glands responsible for changes taking place in the body?

Ans. Hormones are chemical substances. These are secretions from endocrine glands, or endocrine system. They are responsible for changes taking place in the body.

Q2. Why is good hygiene important during adolescence?

Ans. It is necessary for teenagers because the increased activity of sweat glands sometimes makes the body smelly. All parts of the body should be washed and cleaned every day. If cleanliness is not maintained there are chances of catching bacterial infection.

Q3. Why early marriage and motherhood is harmful to the girls?

Ans. Early marriage and motherhood cause health problems in the mother and the child. It also curtails employment opportunities for the young woman and may cause mental agony as she is not ready for responsibilities of motherhood.

Q4. What will happen if the water in which tadpoles are growing does not contain iodine?

Ans. In a frog, metamorphosis is controlled by thyroxine, the hormone produced by thyroid. Thyroxine production requires the presence of iodine in water. If the water in which the tadpoles are growing does not contain sufficient iodine, the tadpoles cannot become adults.