

Role of the Government in Health

Q1. Write a note on the Costa Rican approach.

Ans. Costa Rican Approach

- i. Costa Rica is considered to be one of the healthiest countries in South America. The main reason for this can be found in the Costa Rican Constitution.
- ii. Several years ago, Costa Rica took a very important decision and decided not to have an army. This helped the Costa Rican government to spend the money that the army would have used, on health, education and other basic needs of the people.
- iii. The Costa Rican government believes that a country has to be healthy for its development and pays a lot of attention to the health of its people.
- iv. The Costa Rican government provides basic services and amenities to all Costa Ricans. Health education is also considered very important and knowledge about health is an essential part of education at all levels.