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On Equ	<u>uality</u>
_	ist three benefits of the midday meal programme.
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	Establishing equality in a democratic society is a continuous struggle. Comment
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On Equality

- Q1. List three benefits of the midday meal programme.
- Ans. Benefits of the midday meal programme are:
 - i. More poor children have begun enrolling and regularly attending school.
 - ii. Has also helped reduce caste prejudices because both lower and upper caste children in the school eat this meal together, and in quite a few places, Dalit women have been employed to cook the meal.
 - iii. The midday meal programme also helps reduce the hunger of poor students who often come to school and cannot concentrate because their stomachs are empty.
- Q2. Establishing equality in a democratic society is a continuous struggle.

 Comment
- Ans. One of the main reasons for this is that attitudes change very slowly.

 Even though persons are aware that discrimination is against the law they continue to treat people unequally on the basis of their caste, religion, disability, economic status and because they are women. It is only when people begin to believe that no one is inferior, and that every person deserves to be treated with dignity, that present attitudes can change.

 Change in attitude is a slow process and hence establishing equality in a democratic society is a continuous struggle.