Name	e: Date:
Body	<u>Movements</u>
Q1. Ans.	What happens when muscles contracts?
Q2. Ans.	Define a skeleton?
7.13.	
Q3.	Which type of joint allows us to bend our head forward and backward and
	turn the head to our right or left?
Ans.	
Q4.	What are cartilages?
Ans.	
Q5.	What are the key components of the skeletal system?
Ans.	
Q6.	How do snakes move?
Ans.	

Body Movements

- Q1. What happens when muscles contracts?
- Ans. When contracted, the muscle becomes shorter, stiffer and thicker. It pulls the bone.
- Q2. Define a skeleton?
- Ans. The bones in our body form a framework to give a shape to our body.

 This framework is called the skeleton.
- Q3. Which type of joint allows us to bend our head forward and backward and turn the head to our right or left?
- Ans. Pivotal joint allows us to bend our head forward and backward and turn the head to our right or left.
- Q4. What are cartilages?
- Ans. There are some additional parts of the skeleton that are not as hard as the bones and which can be bent. These are called cartilages.
- Q5. What are the key components of the skeletal system?
- Ans. Key components of the skeletal system are bones, ligaments and Joints, tendons and cartilage.
- Q6. How do snakes move?
- Ans. Snakes slither on the ground by looping sideways. A large number of bones and associated muscles push the body forward.