

Name: _____ Date: _____

Body Movements

Q1. What is a bone?

Ans. _____

Q2. Is it possible for us to bend our body at every point?

Ans. _____

Q3. If our body has no joints then will it be possible for us to move?

Ans. _____

Q4. What would have happened if our body was made of single bone?

Ans. _____

Q5. Which type of joint is used when a cricket bowler balls the ball?

Ans. _____

Q6. What type of joint is used while lifting weights?

Ans. _____

Q7. How many bones are present in our skull?

Ans. _____

Q8. How many bones are present in our backbone?

Ans. _____

Body Movements

Q1. What is a bone?

Ans. Bone is the hard structure that forms the framework of our body.

Q2. Is it possible for us to bend our body at every point?

Ans. No, we can bend or move our body only at those points where bones meet.

Q3. If our body has no joints then will it be possible for us to move?

Ans. No, it will not be possible for us to move.

Q4. What would have happened if our body was made of single bone?

Ans. We would not be able to move if our body was made of single bone.

Q5. Which type of joint is used when a cricket bowler balls the ball?

Ans. Ball and socket joint is used when a cricket bowler balls the ball.

Q6. What type of joint is used while lifting weights?

Ans. Hinge joint is used while lifting weights.

Q7. How many bones are present in our skull?

Ans. The human skull is generally considered to consist of twenty-two bones.

Q8. How many bones are present in our backbone?

Ans. An adult human backbone has 24 vertebral bones.